Mountain View High School Student Support Services

Oscar Gomez Assistant Principal

Responsible for Student Service Department

Attendance Office

Health

AP Coordinator

Progressive Discipline

College and Career Guidance

Fun fact: I own 5 motorcycles and enjoy off road racing and wrestling. I was a CIF Champion for the Mission Valley League in Wrestling 1993



Meet your Guidance Counselors

Miss Autran

Last Names A -EQU

Email: claudia.autran@emuhsd.org

Extension: 5850

Google Classrooms

<u>Class of 2021</u> (s32onia)

Class of 2022 (g2rhyty)

Class of 2023 (nbu2mcu)

Class of 2024 (fltoy6h)

Fun fact: I have an identical twin sister! We both love music and vacationing at the river







Ms. Padron

Last Names ER - LOP

Email: brenda.padron@emuhsd.org

Extension: 5851

Google Classroom links:

Class of 2021 - Padron - Code: sklgcma

Class of 2022 - Padron - COde: ax7ikvp

Class of 2023 - Padron - COde: I6iwwzh

Class of 2024 - Padron - COde: 5zzqhka

Fun facts: I enjoy hiking and jogging.



Mrs. Palmieri

Last Names: LOQ -RAM

Maria.Palmieri@emuhsd.org

Extension: 5852

Class of 2021- Palmieri (k7vfs5k)

Class of 2022- Palmieri (novsjk6)

Class of 2023- Palmieri (f5nsscw)

Class of 2024- Palmieri (dtn62xa)

Fun facts: I love to travel and I love

Harry Potter!!!!



Mrs. Rodriguez

Last Names: Ramo-Z

Email: janette.rodriguez@emuhsd.org

Extension 5853

Google Classrooms:

<u>Class of 2021 - Rodriguez</u> code: slrg7so

Class of 2022 - Rodriguez code: I7m75x7

Class of 2023 - Rodriguez code: bmsf7w2

Class of 2024 - Rodriguez code: kr2ogtp

Fun Fact: I just became a grandmother!

https://classroom.google.com/c/NDcwNTQ3MTcxOTF







Ms. Mendez

The GOALS Program

maria.mendez@emuhsd.org

626-443-6181 X5854

GOALS Counseling

https://meet.google.com/lookup/dix4fisg7a

Code: x3bsklr

Fun fact: I graduated from MVHS in '93!

And so will you!



Meet your CWA

Mr. Martinez

Child Welfare & Attendance Coordinator

Email: anthony.martinez@emuhsd.org

Extension: 5845

Google Classroom

Fun fact: I am a Dodger Fan, Rams Fan, Kings Fan, and Clippers Fan. I also like to travel across the U.S. to see the Dodgers.



Meet your College and Career Coordinator

Ms.Berg

Email: margina.berg@emuhsd.org

Extension: 5862

Google Classroom: coming soon!

Fun fact: I'm totally obsessed with pink, antiques, and my two dogs Mocha and Latte!





Meet your School Psychologist

Mrs. Gallegos

School Psychologist

Email: angelica.gallegos@emuhsd.org

Extension: 5837

Fun fact: I love to take pictures.



Ms. Lin

Psychologist for GOALS & CBI

Email: crystal.lin@emuhsd.org

Extension: 5838





Fun fact: I love Indian food!

Information & Resources in our Google Classrooms

- School wide, district, and community resources
- Counselor information to students
- Portal.emushd.org
- Mental Health Resources
- A-G information
- Recommendation Letter from Counselor
- Graduation requirements
- 4 year plan
- Financial Aid information
- Dual Enrollment classes with Rio Hondo College
- 4 year university and Community College information

Mental Health Resources

- Our Service Providers (current student therapists)
 - Alma Family Services (323) 516-4163/(323) 526-4016
 - o ENKI Health and Research Systems (626) 227-7014/(844) 365-4724
 - o Foothill Family (626) 993-3000
 - o Pacific Clinics/Asian Pacific Family Center (626) 254-5000/(626) 287-2988
 - SPIRITT Family Services (626) 442-1400
- Suicide Prevention:
 - National Suicide Prevention Lifeline
 - https://teenlineonline.org
 - http://calyouth.org/ca-youth-crisis-line/
- From L.A. County Department of Mental Health: <u>Coronavirus/COVID-19 Information Department of Mental Health</u>
- Stress Management Apps
- 7 Science Based Strategies to Cope with Coronavirus
- Five Minute Mindful Breathing
- Dealing with CORONAVIRUS ANXIETY (COVID-19)
- How To Calm Down During A Panic Attack

Go Guardian

- Online system to monitor student engagement and participation in class using district assigned Chromebook.
- Inappropriate websites and content will be flagged and reported to Administration for possible disciplinary action.
- Classroom management and mental health screener for online search database.
- All EMUHSD Chromebooks are assigned to specific student ID and can be identified at all times.
- Please be responsible when using district assigned technology (Mifi. Chromebook, MVHS Wifi

Free Grab & Go Meals

- Tuesdays and Fridays 10am-1pm
- For MVHS students only @ BSSU Parking Lot
- Another family member can pick it up for you, but will need your ID Number
- Each student will receive 3 meals each time

Take a photo and send to vikttoria@learnla.org

PREP

High School Student Registration Registracion para Estudiante de Preparatoria

After-School Program Monday - Thursday End of School Day - 6:00 PM

Mountain View High School 2020 - 2021

M F

Participant Information Información del Participante

Student Last Name	First Name	Date of Birth	Age	Gender	
Apellido del Estudiante	Primer Nombre	Fecha De Nacimiento	Edad	Genero	
Parent/Guardian Last Name	First Name				
Apellido de Padre/Guardian	Primer Nombre				
Street Address	City	State	Zip Code		
Domicilio	Ciudad	Estado		igo Postal	
Daytime Phone Number	Evening Phone N	ning Phone Number		Number	
Numero de Teléfono de Día		Numero de Teléfono de Noche		Numero de Teléfono Celular	
School Name	Grade	Student ID Ni	ımber		
Mossibus do Escuela	Nimal	Montago da Idas	Missions de Identificación del Catadiante		

Participant Medical History & Emergency Information Historia Medica del Participante y Información de Emergencia

Physician/Medico:	Telephone / Teléfono:	
Medical Insurance/Aseguranza Medica:		Policy / Póliza:
Medical Conditions/ Condiciones Medicas:		
Allergies/Alergias:		
Medications/Medicamentos:		
In Case of Emergency/En Caso de Emergencia:		
Emergency Contact Name (do not list yourself)	Phone Number	Alternate Phone Number
Nombre de Contacto en Emergencia (no liste usted mismo)	Numero de Teléfono	Numero de Teléfono Alternativo

PREP

PREP **Application**

Tutoring

- Monday Friday 7am-9am
- Monday Friday 1:50pm-2:50pm
- Saturdays 8am-12pm
- A link to our Tutoring Google Classroom will be emailed soon.